

Varalakshmi Vratham Pooja Procedure

Varalakshmi Pooja Vidhanam - A practical guide for performing the pooja at home

Downloaded from [Chitra's Food Book](#)

This guide explains how to perform Varalakshmi Vratham Pooja at home, including the pooja requirements, decoration, procedure, story, slokhas and naivedyam ideas. Please follow your family's customs and local traditions where they differ.

For the latest beginner questions and helpful answers, please visit the original blog post and read the comments section.

Varalakshmi vratham



Varalakshmi Vratham Pooja procedure

Varalakshmi viratham – Lakshmi decoration



Varalakshmi Vratham

Varalakshmi Vratham Prasadam Recipes

See the complete [Varalakshmi Vratham Recipes collection](#) for Tamil Nadu, Andhra Pradesh and Karnataka prasadam ideas.

Let me start with the list of Varalakshmi pooja Neivedyam Recipes. You can make any 5, 7 or 9 dishes for count.

- Sweet samosa/Karjikai
- Raw Rice Idli / Pacharisi Idli
- Paruppu urundai/Pappu unta
- Urad Dal Vada / Medu vada/ Garelu
- Curd Vada
- Masala Vada
- Poorana Kozhukattai/Modak
- Ellu kozhukattai
- Easy sweet pooran kozhukattai
- Easy Paal Kozhukattai
- Sweet Appam
- Payasam varieties

- Sweet pongal
- Rava Kesari
- Puran Poli / Holige / Obbattu
- Chitranna
- Sundal varieties
- No onion No garlic lunch menu
- Andhra Pulihora recipe
- Poornam Boorelu/ Poornalu
- Chakkara pongali
- Rice varieties

Check out my list of Varalakshmi vratham recipes of Tamil nadu, Andhra and Karnataka.

Items required for Varalakshmi Pooja

- Rice flour & colors – for drawing rangoli (Please visit my in-laws kolam blog “Learn Kolam” for Rangoli ideas.)
- Thambaalam/A big plate OR A wooden plank/Peeta
- Few Banana leaves
- Raw Rice – as needed (to spread over the peeta)
- One Kudam/Kalasha (silver, bronze or copper)
- Water scented with Jathikai/Mace, Cardamom, Saffron threads/edible camphor, Cloves(to fill the kalasha)
- few Mango leaves (to keep on top of kalasha)
- One coconut for kalasha and few more for thamboolam bags
- Turmeric powder (for making gowri,if you have the practice)
- Kumkum
- Chandan(Sandal paste)
- Akshatha (Raw rice coated with turmeric/Manjal podi)
- One lotus flower
- Face of goddess (Available ready made in Market)
- Jewellries (For Eyes, Nose – Available in market)
- Dress and blouse piece for Lakshmi (Buy in market)
- Flowers and garland (for archanai & decoration)
- Betel leaves, Betel nut, Banana (Vetrilai, Paaku, Vazhai Pazham)
- Thoram for hands/pongu nool for neck (Thoram is nothing but a sacred thread coated with turmeric powder with 9 strings and 9 knots whereas Pongu nool is a single thread smeared with turmeric powder)
- Milk, Dry fruits & nuts (optional)

- Fruits (all seasonal fruits)
- Panchamirtham (a mixture of fruits, jaggery, dry fruits, nuts and ghee)(optional)
- Neivedyam recipes (Idli, Sweet pooran kozhukattai (poornam borelu), ellu kozhukattai, Karjikai/fried sweet samosa, Chitranna, Payasam, sweet appam (based on your tradition).
- Thamboolam set of kumkum,chandan,bangles, Betel leaves and nuts, Yellow rope, blouse pieces, coconut, banana along with 1 rupee coins) – Make them ready as per the number of ladies you invite.
- Ready made(plastic) cups and bowls for distributing prasadam.
- Mahalakshmi stothram book or download the images I have shared here.

About the Pooja Vidhanam book



Varalakshmi viratham pooja book

Pre preparatory works for Varalakshmi Pooja

On Thursday morning, wash all the pooja vessels and kalasha pot. Wash the lamps, keep kumkum dots and put threads. Oil the lamp and keep it ready for the next day use. Make the thoran and pongu nool and arrange the other pooja things in a plate.

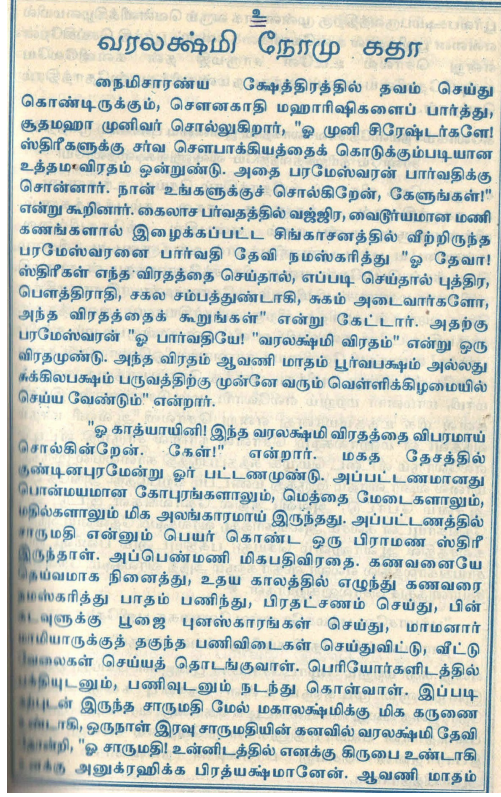
You can also prepare the stuffing for sweet pooran kozhukattai, soak the pulses for sundal and grind the batter for idli.

Padi Poojai/Chukkalu pette pandaga(Telugu)on Thursday evening

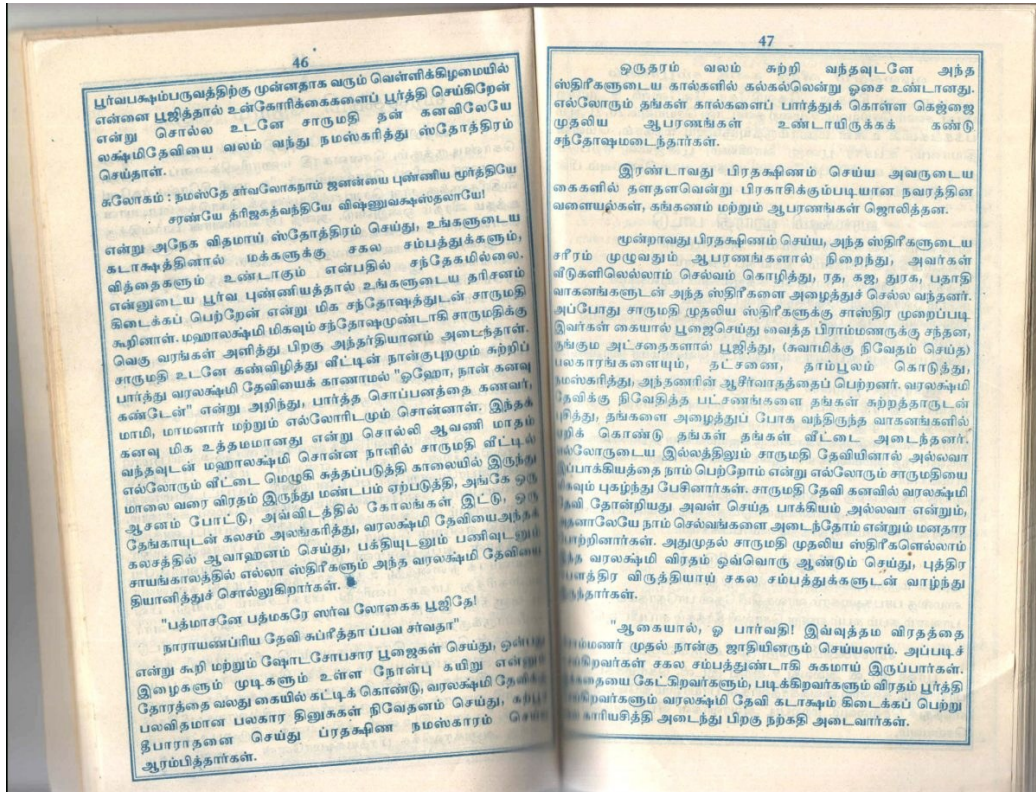
On thursday evening around 5.30 pm, sweep the entrance of each room (Nilai padi/vaasal padi). Apply turmeric on the sides and draw 2 lines using kumkum. It is partitioned into three divisions. Put chandan & kumkum dots. This pooja is done to welcome Goddess Lakshmi and it shows the beginning of next day function.

You can also keep the manai/Wooden plank/Peeta and place a banana leaf over it. Spread the raw rice and keep it ready for next day's pooja. Remember you should not keep the kalasha now. It should be kept only on Friday. Please click on the image to see the bigger sized picture.

Varalakshmi vratham story



Varalakshmi vratham story



Varalakshmi Pooja Story in English

Then Charumathi offers Tambulam to the brahmin priests and distribute the vrata prasadam to the relatives and lead a happy life. Since then, Hindu women perform this vrata with utmost faith and trust till today. With this, Lord Eswara concludes telling the story to Goddess Parvathi.

Source:<http://devotionalonly.com/varalakshmi-vratam-pooja-procedure-and-story/>

How to make thoram and Pongu nool

Thoram and Pongu nool are nothing but the sacred thread smeared with turmeric powder. Thoram is made by taking 9 strings of thread. Put 9 knots in equal intervals. The number of thoram depends on the number of ladies & young girls at home. Thoram has to be tied around your wrist and Pongu nool is nothing but a single thread smeared with turmeric powder.

You should tie it around your neck. Married ladies wear both Pongu nool and thoram whereas young girls tie thoram alone. Keep the thoram, Pongu nool, 9 betel leaves, 9 betel nuts, 9 banana, 9 dates, 9 turmeric sticks, kumkum box, Karimani mala (black beads chain) in a plate and keep it ready for pooja. You can do all these works on Thursday night itself.

How to make the kalasha/Kalasam for Varalakshmi Pooja

For making Kalasam / Kalash, Fill the silver or bronze pot(kudum) with scented water (add cardamom, nutmeg, edible camphor etc) till its brim. Some people add kumkum, turmeric powder, dry fruits in the water. Some people have the practice of keeping raw rice, 1 lemon, 9 betel leaves(vettilai), 9 betel nuts, 9 turmeric sticks(manjal kizhangu), 9 dry grapes, 1 moulded jaggery (Achu vellam), dry fruits & a karimani mala (black bead chain), coins inside the kalasha instead of scented water.

So please make the kalasha according to your tradition. On the top of kalasha, place 5 mango leaves(keep in odd numbers) and keep a coconut smeared with turmeric. The tail portion of coconut should face upward. Kalasam should face east. After making the kalasha, keep a kumkum dot and keep aside till you make other arrangements.

How To do Varalakshmi Pooja at home

The next day i.e Friday, after taking bath, wear a silk saree and some gold ornaments (old or new). Wash the place where the pooja is going to be held. One should observe fasting till the Pooja is finished(Elderly woman can have milk and fruits). Draw rangoli using rice flour and place the peeta/Wooden plank/Manai OR Big plate/Thambalam.

To this coconut, an image of Goddess Lakshmi is fixed or the image of Lakshmi made using turmeric powder. My friend makes the face of Lakshmi using turmeric powder as shown in the second picture. In some areas, women place a mirror behind the kalasham. Today, there are specially made Varalakshmi pots and faces available in the market. So you can buy and fix it with the blouse piece. Now the kalasham symbolically represents Goddess Lakshmi.

Decorate the idol with dress and Jewellery and garlands. You can dress it with a tucked saree or skirt (Pavadai). Put some jewels (Preferably gold) and tie a pongu nool around the neck. It is considered to be the Mangal sutra(Thali) Keep chandan & KumKum dots. Now Goddess Lakshmi idol is ready to perform pooja. Make a cone shaped Ganesh/Pillayar using turmeric powder mixed with water and keep it near the kalasha. Light the lamps at the time of pooja and start doing it.

Please refer this video for decorating Goddess Lakshmi Idol.

How to Perform Varalakshmi Pooja

Ganesh pooja

Any auspicious festival should be started with Lord Ganesh pooja. So make a small cone shaped Ganesha using turmeric powder (Manjal pillayar). Place it near the kalasha. Read the sthothram given below and worship Lord Ganesha to do this pooja without any obstacle and after chanting the sthothram, move the Ganesh towards North direction.

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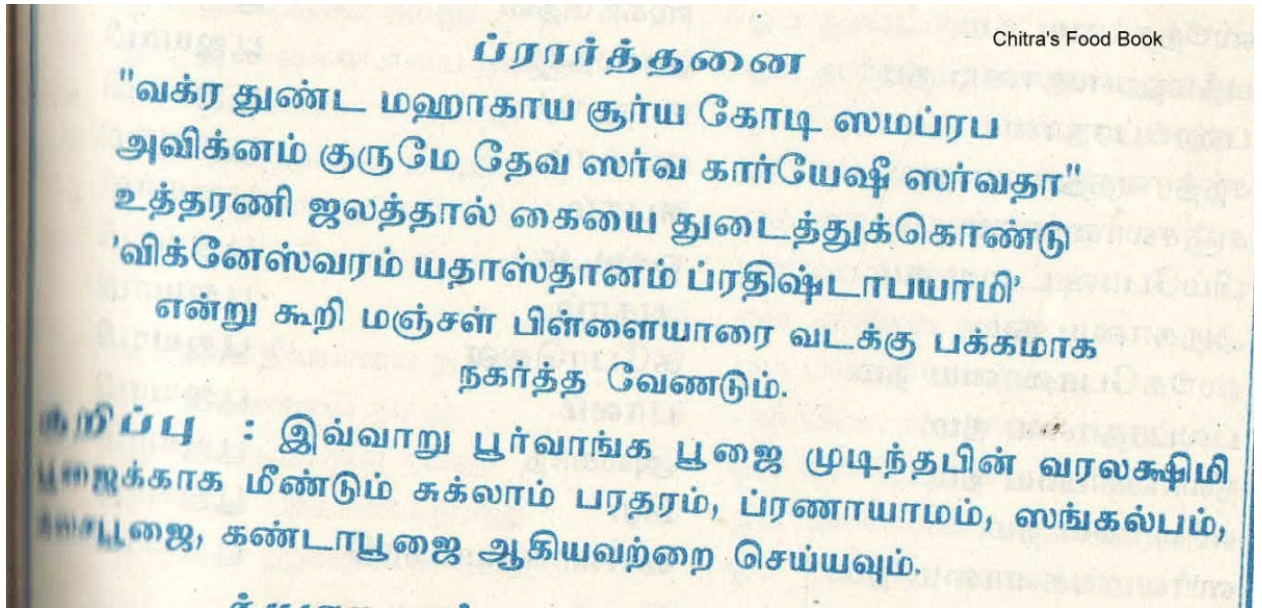
□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□ □ Shukla-Ambara-Dharam Vissnnum
Shashi-Varnnam Chatur-Bhujam |

Prasanna-Vadanam Dhyayet Sarva-Vighno[a-U]pashaantaye ||

Meaning:

- 1: (We Meditate on Sri Vishnu) Who is Wearing White Clothes, Who is All-Pervading, Who is Bright in Appearance like the Moon and Who is Having Four Hands,
- 2: Who is Having a Compassionate and Gracious Face, Let us Meditate on Him To Ward of all Obstacles.

Source: (http://www.greenmesg.org/mantras_slokas/sri_vishnu-shuklambaradharam_vishnum.php)



Varalakshmi vratham sloka

Avahanam and Anga Pooja

After finishing Ganesha pooja, take some flowers and akshatha in hand and chant the Avahanam sloka. Visualise Goddess Lakshmi in mind and offer the flowers and akshatha to kalasha. Goddess Lakshmi is invited to our house.

Lakshmi Ksheera Samudra Raaja Tanaya

Sree Ranga Dhaameshvari

Daasi Bhootha Samasata Deva Vanithaam

Lokaika Deepankuraam

Sreeman Manda Kataaksha Labdha Vibhava

Brahmendra Gangaadharam

Tvaam Trailokya Kudumbineem

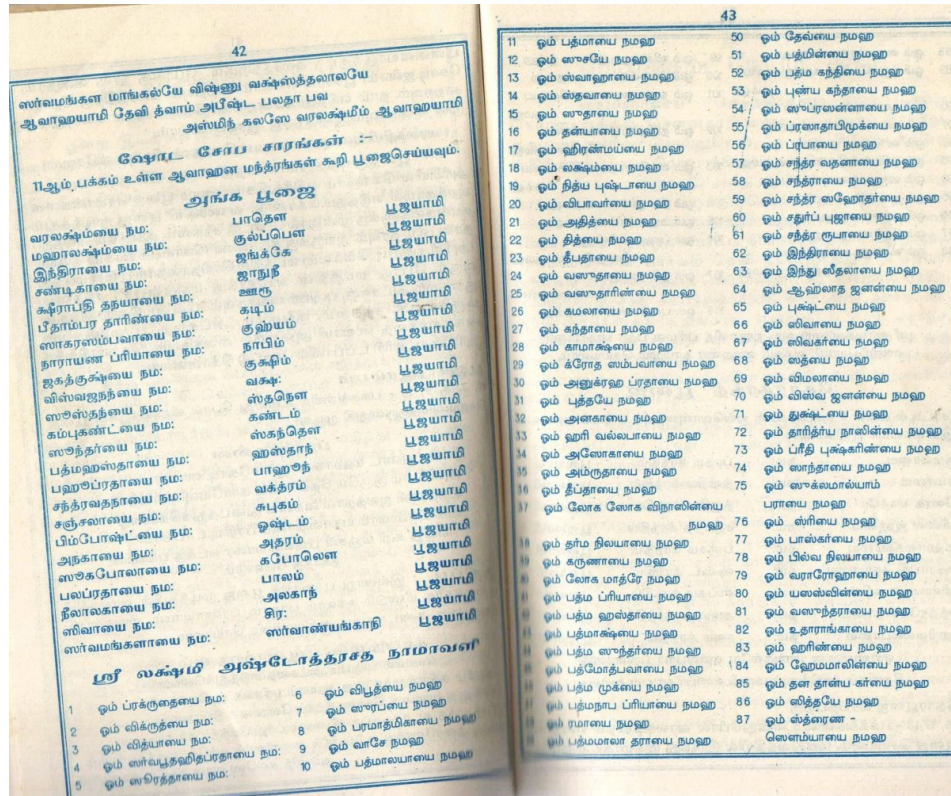
Sarasijam Vande Mukunda Priyaam

Meaning: Goddess Lakshmi, who is the daughter of the king of the ocean of milk, whose abode is Srirangam (with Lord Ranganatha), who is served by all the divine ladies in heaven, who is the guiding light for the world, who has obtained the sustained (continued, everlasting) glance (Grace) from Brahma, Indra and Shiva, whose abode is the three worlds (Bhu, Bhuvah, Suvaha) – I offer my prostrations to Thee, the beloved of Lord Krishna (Mukunda).

Following this, chant Lakshmi Ashtothram(108) by offering flowers to Kalasha.

Refer the below picture for Anga Pooja slokha & Lakshmi ashtothram (Click on the image to see the bigger sized picture).

Varalakshmi viratham slokhas



Varalakshmi vratham slokhas

44

88	ஓம் ஸுப ப்ரதாயை நமஹ	99	ஓம் விஷ்ணு பத்னைய நமஹ
89	ஓம் ந்ருபவேம் கதாஸ்தாயை நமஹ	100	ஓம் ப்ரவ்ளளக்ஷயை நமஹ
		101	ஓம் நாராயண ஸம்பவீதாயை நமஹ
90	ஓம் வரலக்ஷ்மியை நமஹ		
91	ஓம் ஸுபத்ரதாயை நமஹ	102	ஓம் நாரித்ய தவம்லினைய தேவ்யை நமஹ
92	ஓம் ஸுபாயை நமஹ		
93	ஓம் ஹிரண்ய ப்ராகாராயை நமஹ	103	ஓம் ஸ்வோபத்ரவ வாரின்யை நமஹ
94	ஓம் ஸமுத்ர தபையை நமஹ		
95	ஓம் ஜயாயை நமஹ	104	ஓம் நவ தூர்க்காயை நமஹ
96	ஓம் மங்களாயை நமஹ	105	ஓம் மஹா ஊளைய நமஹ
97	ஓம் தேவ்யை நமஹ	106	ஓம் ப்ரஹ்ம விஷ்ணு லீவாத்மினயை நமஹ
98	ஓம் விஷ்ணு வக்ஷஸ்த்தல ஸ்த்திதாயை நமஹ	107	ஓம் த்ரிகாலக்ரான ஸம்பள்ளைய நமஹ
		108	ஓம் புவனேஸ்வரைய நமஹ

ஸ்ரீ வரலக்ஷ்மியை நம: நாநாவித பரிமள பத்ர புஷ்பாணி ஸமர்ப்பயாமி. லக்ஷ்மி ஸஹஸ்ர நாமமும் செய்யலாம்.

தோரக்ரந்தி பூஜை

(சரட்டில் உள்ள 9 முடிச்சுக்கள் ஒவ்வொன்றையும் புஷ்பம் அக்ஷதை இவைகளால் பூஜிக்கவும்.)

கமலாயை	நம:	ப்ரதம க்ரந்திம்	பூஜயாமி
ரமாயை	நம:	த்விதீய க்ரந்திம்	பூஜயாமி
லோக மாத்ரே	நம:	த்ருதீய க்ரந்திம்	பூஜயாமி
விஸ்வ ஜநந்யை	நம:	சதுர்த்த க்ரந்திம்	பூஜயாமி
மஹாலக்ஷ்மியை	நம:	பஞ்சம க்ரந்திம்	பூஜயாமி
க்ஷீராப்தி தநயாயை	நம:	ஷஷ்ட க்ரந்திம்	பூஜயாமி
விஸ்வஸா க்ஷின்யை	நம:	ஸப்தம க்ரந்திம்	பூஜயாமி
சந்த்ரஸோதர்யை	நம:	அஷ்டம க்ரந்திம்	பூஜயாமி
ஹரிவல்லபாயை	நம:	நவம க்ரந்திம்	பூஜயாமி

ஸர்வமங்கள மாங்கல்யே ஸர்வபாப ப்ரணாஸிதி!
தோரகம் ப்ரதிக்குஹணாமி ஸுபீதா பவ ஸர்வதா!

தோரபூஜை செய்தபிறகு
16, 17, 18 - பக்கங்களில் உள்ளதுபோல் 'வரலக்ஷ்மி நம' என்று 3-
பூஜை செய்யவும். (ஊதுவத்தியில் இருந்து இதமர்க்யம் முடியுமா)

Proceed with thoram Pooja/Nonbu Saradu poojai which is known as Thorakrandhi pooja.

Thorakrandhi pooja / Nonbu pooja

தோரக்ரந்தி பூஜை

(சரட்டில் உள்ள 9 முடிச்சுக்கள் ஒவ்வொன்றையும் புஷ்பம் அக்ஷதை இவைகளால் பூஜிக்கவும்.)

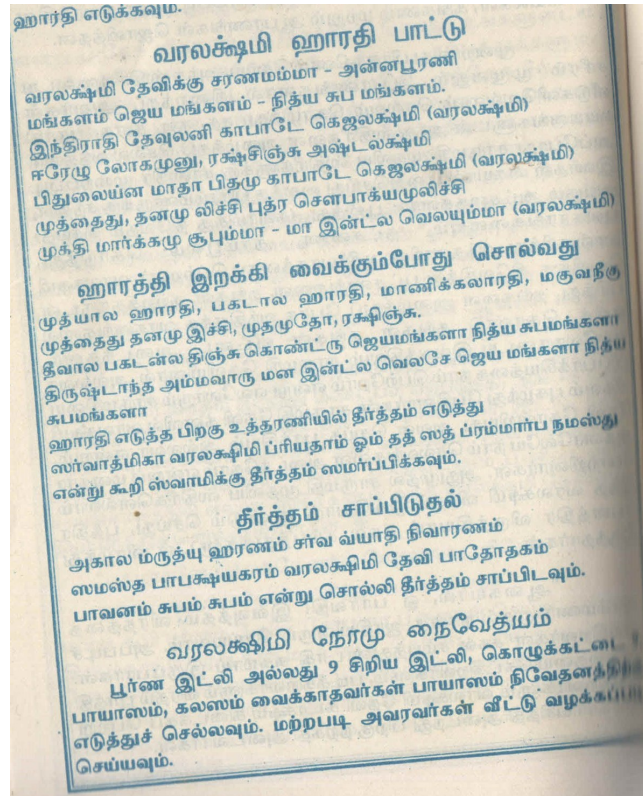
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விஸ்வஸா க்ஷின்யை	நம:	ஸப்தம க்ரந்திம்	பூஜயாமி
சந்த்ரஸோதர்யை	நம:	அஷ்டம க்ரந்திம்	பூஜயாமி
ஹரிவல்லபாயை	நம:	நவம க்ரந்திம்	பூஜயாமி

ஸர்வமங்கள மாங்கல்யே ஸர்வபாப ப்ரணாஸிதி!
தோரகம் ப்ரதிக்குஹணாமி ஸுபீதா பவ ஸர்வதா!

Neivedyam and Mangala Harathi

Finally, Mangala Harathi is performed for the kalasha. Different types of sweets/neivedyam are offered in front of the God. Nonbu saradu/Thoram (yellow thread) should be tied on the woman's right hand and Pongu nool should be tied around your neck. You can ask your Husband to do this. At the end, take harathi by mixing turmeric & kumkum in water. Sing the Harathi song while taking mangala aarathi.

Mangala harathi song



Mangala harathi song

If you have not read the Varalakshmi Vratam story on Thursday, do it now.

Punar Puja – How To Remove Kalasha

If you want to strictly follow all the rules and methods of Varalakshmi Puja, then it would be wise to take the advice from an elderly woman who is regularly performing the puja. What I have shared here is purely based on the procedure given in the book and pooja methods shared by my friend Shalini. It may vary from place to place and tradition. Thanks for visiting this page. Please write few words in the comment section if you find this post useful. I will be more happy to know it.

For more beginner-friendly guidance, please visit the original [Varalakshmi Vratam Pooja Procedure post on Chitra's Food Book](#) and check the FAQ information shared in the comments section.

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